

**Kensington 8K Race**  
Saturday, September 24, 2011



Name \_\_\_\_\_

M/F \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

I'm entering the:    8K    2M    1K    CIRCLE ONE RACE PLEASE

T-shirt size            XL    L    M    S    CIRCLE ONE SHIRT SIZE PLEASE

If registering additional family members, please provide on back the following information for each member: **name, sex, age, t-shirt size, race entering and signature required for liability waiver.**

**FEES:**

Prior to Sept. 21, registration fees will be \$25 for 8K, \$13 for 2M and \$11 for 1K.

From Sept. 21 through race day, registration fees will be \$30 for 8K, \$16 for 2M and \$13 for 1K.

Family package available (includes 5 race t-shirts): \$70 prior to Sept. 21,  
\$80 from Sept. 21 through race day.

Make check payable to: Kensington Parkwood PTA and mail to Kensington 8K Race,  
10537 St. Paul St, Kensington, MD 20895.

**Liability waiver:** I know that running is a potentially hazardous activity. I should not enter and run in the race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely compete in the run. I assume all risks associated with running in this event including, but not limited to, falls, weather conditions, contact with other participants, the effects of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, for myself and anyone entitled to act on my behalf, waive and release Capital Running Company, the Town of Kensington, the Kensington Parkwood PTA, the organizers of the "Kensington 8K Race", plus all event partners, sponsors and volunteers, their representatives and successors from all claims or liabilities of any kind arising out of participation in the race even though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures or any other record of this event for any legitimate purpose without compensation to me. No strollers, baby joggers, skates, pets or headsets are permitted in the 8K Race.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(parent or guardian if under 18) All Adults MUST SIGN