

# 2010 application



Name					
M/F		Age		DOB	
Address					
City			State		Zip
Phone			E-Mail		
I'm entering the		8K	2M	1K	
T-shirt Sizes					
Adult		XXL	XL	L	M S
Kids		Youth Large		Youth Medium	

**If registering additional family members, please provide on separate sheet the following information for each member: name, sex, age, DOB, race entering, t-shirt size and signature required for liability waiver.**

Prior to Sept. 22, registration fees will be \$25 for 8K, \$13 for 2M and \$11 for 1K. From Sept. 22 and thereafter, registration fees will be \$30 for 8K, \$16 for 2M and \$13 for 1K. In person registration and packet pick-up will be held in the Kensington Town Hall on Fri. Sept. 24 from noon to 9 p.m. and on race day (Sept. 25) from 6:30 to 8:15 a.m. Family package available (includes 5 race t-shirts): \$70 prior to Sept. 22; \$80 on Sept. 22 and thereafter.

**Make check payable to: Kensington Parkwood PTA.**

**Please mail to: Kensington 8K Race, 10537 St. Paul Street Kensington, MD 20895.**

Liability waiver: I know that running is a potentially hazardous activity. I should not enter and run in the race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely compete in the run. I assume all risks associated with running in this event including, but not limited to, falls, weather conditions, contact with other participants, the effects of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, for myself and anyone entitled to act on my behalf, waive and release Capital Running Company, the Town of Kensington, the Kensington Parkwood PTA, the organizers of the "Kensington 8K Race", plus all event partners, sponsors and volunteers, their representatives and successors from all claims or liabilities of any kind arising out of participation in the race even though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures or any other record of this event for any legitimate purpose without compensation to me. No strollers, baby joggers, skates, pets or headsets are permitted in the 8K Race.

Signature	Date
(parent or guardian if under 18) All Adults MUST SIGN	